



SHROPSHIRE HEALTH AND WELLBEING BOARD								
Report								
Meeting Date	19 September 2024							
Title of report	Children and Young People JSNA update							
This report is for (You will have been advised which applies)	Discussion and agreement of recommendations	red s (\ dis	proval of commendation With cussion by ception)	X	Information only (No recommendation	s)		
Reporting Officer & email	Rachel.robinson@shropshire.gov.uk  Jessica.edwards@shropshire.gov.uk							
Which Joint Health & Wellbeing Strategy	Children & Young People	Х	Joined up working x					
priorities does this	Mental Health	Х	Improving Population Health x					
report address? Please tick all that apply	Healthy Weight & Physical Activity	х	Working with and building strong and vibrant communities					
What inaqualities does	Workforce		Reduce inequa	alitie	es (see below)	Х		
What inequalities does this report address?								

Report content - Please expand content under these headings or attach your report ensuring the three headings are included.

# 1. Executive Summary

This report presents to the Health and Wellbeing Board the final drafts of two out of five chapters of the Children and Young People JSNA:

- Population and Context for children and young people
- Early Years (0-4 years)

These chapters were presented to the Health and Wellbeing Board in April 2024 for feedback and comment. Following this, the chapters have been thoroughly reviewed by the Early Help & Prevention Partnership Board and Shropshire Integrated Place Partnership Board and were well received. Recommendations were jointly developed and are presented to the Board. We are seeking approval of the two JSNA chapters and endorsement of the recommendations.

#### 2. Recommendations

Recommendations are based on the <u>Areas of Need</u> highlighted in the 0-4 year olds chapter (Appendix 2, pages 119 onwards):

- 1. To support partners / family members of **pregnant women to stop smoking** and to reduce the rates of pregnant women smoking at time of delivery.
- 2. To continue to monitor **child and infant mortality**, adjusting action plans as required to ensure appropriate mitigations are in place.
- 3. To improve data recording to show the accurate position of **emergency admissions of 0-4s**, distinct from 0-4s who required same day emergency care. To monitor the level of emergency admissions of 0-4s and take appropriate action.
- 4. To increase uptake of pregnancy and childhood **immunisations** to provide protection and reduce the risks associated with these illnesses.
- 5. To continue to increase **breastfeeding rates** at 6-8 weeks to achieve at least the national average.

- 6. To continue to increase and monitor the number of families **accessing the mandated contacts** offered by the health visiting service.
- 7. To ensure the **cost of living** support and support for health and wellbeing is well promoted through all services, including promoting the take up of **healthy start vouchers**
- 8. To reduce the number of 0-4 year olds whose **parents use drugs and alcohol** who become looked after and to increase the number of parents receiving **appropriate support at the earliest opportunity.**
- To reduce the number of 0-4s living in households where domestic abuse occurs by supporting the workforce to identify perpetrators and support them to behaviour change programmes
- 10. For all health and social care agencies to ensure they appropriately assess the **mental health** needs of the child, mother and family and signpost to relevant services and intervention.
- 11. To develop **Women's Health Hubs** across Shropshire aligning with development of **Community & Family Hubs** to improve outcomes for women & children aged 0-4.
- 12. To publish the **Best Start for Life offer** to enable families to access information about services and support to increase visibility and accessibility of services and improve child outcomes.
- 13. To continue to increase **awareness of early help and prevention offers** to support families and prevent escalation.
- 14. To continue to monitor the level of children who are **overweight or obese at reception** and to deliver on the Early Years actions of the Healthier Weight Strategy
- 15. To engage with stakeholders to inform delivery of recommendations.

## 3. Report

The Children and Young People JSNA will provide a detailed understanding of the needs of children, young people and families in Shropshire to inform the direction and development of local services, with a view to reducing health inequalities through identification, prevention and early intervention. Due to the vast scope of this report, Shropshire's Children and Young people JSNA is structured as a 'JSNA pack', comprising of individual chapters for each stage of the life course:

- 1. Population and context for children and young people
- 2. Maternity (pregnancy & birth)
- 3. Early Years (0-4 years)
- 4. School aged children (5-11 and 11-16 years)
- 5. Young people (16-19 years)

Population and context for children and young people chapter and Early Years (0-4 years) now in final draft:

# Population and context for children and young people chapter - Appendix 1

This chapter presents data and intelligence about Shropshire's overall population, children population and the factors that can affect health or impact on health inequalities, such as deprivation, poverty, drugs and alcohol and rural inequalities.

#### Early Years (0-4 years) chapter - Appendix 2

This chapter presents an overview of the health and wellbeing of babies, infants and children aged 0-4 across Shropshire. Other chapters are referenced throughout to refer to for certain insights and further information. The period between conception and the age of 5 is recognized as having a significant influence on a person's life. The environment a baby experiences whilst in the womb and the first 2 years of life are particularly critical for cognitive, emotional and physical development, likewise, the health and mental health of parents at this time is also critical to family health and wellbeing.

Given the broad range of needs and services for children under 5 years, this report is not an in-depth review of any one specific service, but instead aims to:

- describe the population profile of children under 5 and their families in Shropshire- please also see the Population and Context chapter
- identify risk factors that impact on maternal, infant and child health outcomes please also see the Population and Context chapter
- provide an overview of the wider determinants of health and their impact on the under 5s and their families- please also see the Population and Context chapter
- identify relevant national guidance and local policy in relation to early years
- provide an overview of the health and wellbeing of under 5s
- provide an overview of current service provision and assessment of outcomes including gaps in relation to domains impacting on early childhood outcomes; physical, psychosocial and emotional, cognitive and language development
- identify vulnerable children, and/or at-risk groups
- identify gaps, barriers, and unmet needs in current service provision

The timeline for completion of the Children and Young People's JSNA chapters is shown below:

- September 2024 Presentation of Population and Context and Early Years (0-4s) chapters to the Health and Wellbeing Board for approval
- Late September 2024- Publication of the Population and Context and Early Years (0-4s) chapters
- October 2024- Presentation of remaining chapters: Maternal health, School aged children and Young people to ShIPP
- November 2024- Presentation of the remaining chapters: Maternal health, School aged children and Young people to the Health and Wellbeing Board
- Early December- publication of remaining three chapters of the CYP JSNA
- January 2025- commencement of webinars to showcase and promote the JSNA

Delivery of the JSNA recommendations will be undertaken and monitored. Further updates on delivery and impact will be brought to the Board.

Risk assessment and opportunities appraisal (NB This will include the following: Risk Management, Human Rights, Equalities, Community, Environmental consequences and other Consultation)	None	
Financial implications	None	
(Any financial implications of note)		
Climate Change	None	
Appraisal as applicable		
Where else has the paper been presented?	System Partnership Boards	ShIPP, Early Help Partnership Board
	Voluntary Sector	ShIPP, Children's Practice Oversight Group
List of Booksessed Bonors (7	Other	d for all remarks, but does not include

List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information)

Cabinet Member (Portfolio Holder) Portfolio holders can be found here or your organisational lead e.g., Exec lead or Non-Exec/Clinical Lead

Cllr Cecilia Motley

### **Appendices**

Appendix A. Population and Context Chapter - Children and Young People

Appendix B. Population & Context JSNA Summary – presentation

Appendix C. Early Years (0-4 year olds) Chapter

Appendix D. Early Years JSNA summary – presentation